

Our self shall be one self with all through her.

Savitri, Book III, Canto II

Editor's Note: This issue of MĀSA highlights some digital artwork and photography by two members of our SACAR family.



*Since the beginning of the earth, wherever and whenever there was the possibility of manifesting a ray of the Consciousness, I was there.
The Mother*

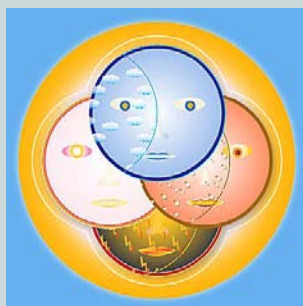
*Be simple,
Be happy,
Remain quiet.
Do your work as well as you can,
Keep yourself always open towards me.
This is all that is asked from you.*

*Be simple,
Be happy,
Remain quiet,
Do your work as well as you can,
Keep yourself always open towards me —
This is all that is asked from you.
The Mother*

Four Powers of the Mother

Text selections from:
Sri Aurobindo's "The Mother"

Digital Art by Margaret Astrid Phanes,
Online course facilitator at SACAR



The four Powers of the Mother are four of her outstanding Personalities, portions and embodiments of her divinity through whom she acts on her creatures, orders and harmonises her creations in the worlds and directs working out of her thousand forces. For the Mother is one but she comes before us with differing aspects; many are her powers and personalities, many her emanations and Vibhutis that do her work in the universe.

.....
Four great Aspects of the Mother, four of her leading Powers and Personalities have stood in front in her guidance of this Universe and in her dealings with the terrestrial play.



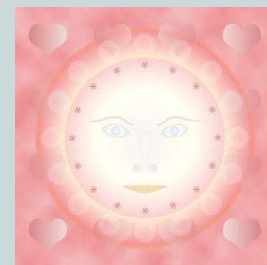
Maheshwari

One is her personality of calm wideness and comprehending wisdom and tranquil benignity, inexhaustible compassion and sovereign and surpassing majesty and all



Mahakali

Another embodies her power of splendid strength and irresistible passion, her warrior mood, her overwhelming will, her impetuous swiftness and world-shaking force.



Mahalakshmi

A third is vivid and sweet and wonderful with her deep secret of beauty and harmony and fine rhythm, her intricate and subtle opulence, her compelling attraction and her captivating grace.



Mahasaraswati

The fourth is equipped with her close and profound capacity of intimate knowledge and careful flawless work and quiet and exact perfection in all things. Wisdom, Strength, Harmony, Perfection are the several attributes and it is these powers that they bring with them to the world, manifest in a human disguise in their Vibhuthis and shall found in the divine degree of their ascension in those who can open their earthly nature to the direct and living influence of the Mother. To the four we give the four great names, Maheshwari, Mahakali, Mahalakshmi, Mahasaraswati.

Spiritual Significance of Flowers

Text inspiration:

Sri Aurobindo and the Mother

All photos taken in the garden of SACAR
by Suhas Mehra

Coming up in next issue of MĀSA

A brief report and lots of pictures from the recently concluded symposium at SACAR (October 4-10, 2010). Don't miss it!



*Sweetness of Thought Turned
Exclusively towards the Divine
Lovely, joyful, sweet and calm,
sheltered from all conflicts*



Silence

Silence is the condition of the being when it listens to the Divine.

With words one can at times understand, but only in silence one knows.

THE MOTHER



Conversion of the Emotional Being

Conversion: the turning of all the movements of the being towards the Divine.

THE MOTHER

The spiritual conversion begins when the soul begins to insist on a deeper life and is complete when the psychic being becomes the basis or the leader of the consciousness and mind and vital and body are led by it and obey it.

SRI AUROBINDO



Hope

Our hopes are never too great for manifestation. We cannot conceive of anything that cannot be done.

THE MOTHER



Alchemy

Supple and plastic, ready to take any form whatever.



Higher Mind

Its superiority lies in its capacity to open to the Divine Light.



Krishna's Play in the Vital

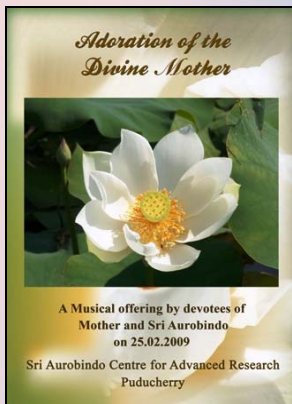
In His midst it has all its charm.

MĀSA is a bimonthly electronic newsletter published by SACAR and provides updates and information about various activities at SACAR. We invoke the blessings and grace of our beloved Mother and Sri Aurobindo through our reference to MĀ and SA.

About the artist:
Margaret Astrid Phanes, M.A., MFT has pioneered digital art as visual meditation. Her artwork has appeared in numerous publications, art and web exhibitions. For more information and to see her recent exhibit, *The Four Faces of Shakti*, please visit her website:
www.margaretphanes.com

Adoration of the Divine Mother

Live recording of invocations and songs in Sanskrit and Bangla, performance held at Sri Aurobindo International Centre of Education, Sri Aurobindo Ashram, Pondicherry



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Ankuran

Painting by Syed Haider Raza

SACAR now offers several online certificate programmes

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Contemporary Indian Society and Polity (C-CISP)

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A Certificate of Completion will be awarded by SACAR at the successful completion of the 16-week online study programme.

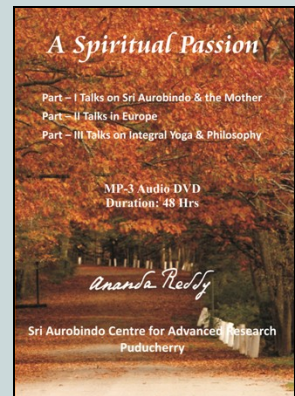
START DATE: February 21, 2011

To apply, email: suhasmehra@gmail.com

Or, download the application form at

www.sacar.in/cics/cics.html

New Release from SACAR



A Spiritual Passion

This MP3-audio DVD contains 48 hours of Ananda Reddy's talks held in various places in India and Europe. Topics covered include:

- Sri Aurobindo, the Future
- The Mother, Her Vision
- India's Role in the Coming Age
- Supramental Manifestation
- Beyond Religion
- Double Evolution of Man
- Principles of Management in the Mother's Light
- Integral Education
- Conquest of Death
- Positive Thinking
- Sadhana in the Integral Yoga
- All Life is Yoga



The latest issue of our quarterly journal, New Race: A Journal of Integral Studies (August 2010) is now available on the web.

To browse through the journal, visit:
www.sacar.in/journal_of_is/aug2010/new_race.html

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Currently accepting applications for February 2011 session